

Greek Erasmus+ Team

# Green spaces



From our roots to the future



Erasmus+

# Some important facts about Greece

- The population of Greece exceeds 10.7 million people
- There are more than 6000 islands
- Greece is home to more archaeological museums than any other country in the world
- Greece is one of the sunniest places in the world
- Greece is the third largest producer of olives



# Athens

- Athens is the capital of Greece and also the largest city.
- About 18 million tourists visit every year as it has many archeological sights.
- It also has many beautiful parks and greenery everywhere you look.





# Parks in Athens - Park Goudi

- An ideal destination for recreation and sports, the green Goudi Park with an area of 49,000 m<sup>2</sup> was once part of the military facilities of the Goudi camp.



# Parks in Athens - Stavros Niarchos



- Stavros Niarchos is a foundation which is open to all groups of people. It consists of the National Library of Greece, the National Opera and many outdoor spaces which are used for entertainment and educational purposes.

# Parks in Athens – Hymettus Park

- Hymettus is a mountain range in the Athens-Piraeus area of Attica, East Central Greece. Hymettus was assigned the status of a protected area in the EU's Natura 2000 ecological network.





# Parks in Athens – National Garden



- The National Garden is a public park of 15,5 hectares in the center of the Greek capital, Athens where the Zappeion is located. The Garden also encloses some ancient ruins, and Corinthian capitals of columns, mosaics, and other features.

# Environmental Impacts

- We know urban green spaces can help reduce heat and improve air quality.
- Recent systematic reviews have of evidence to understand the benefits and value of green space to reduce heat, ozone and ultraviolet radiation in urban areas.





# Environmental Impacts

- It is widely understood that urban green spaces have a natural ability to filter pollution from the air and reduce local air and ground temperature.
- The probability of occupancy of the most species examined was substantially reduced in urban green spaces with sparse understory vegetation and few native plants.



# Lifestyle Impacts

- Having urban green spaces in a region increases the time people spend outdoors since it's rejuvenating to be surrounded by vegetation in an otherwise rural area.



# Lifestyle Impacts

- Public park and recreation agencies create healthy communities and play a fundamental role in enhancing the physical environments in which we live.
- Through facilities, outdoor settings, and services provided, they support good health for people of all abilities, ages, socio-economic backgrounds, and ethnicities.







# Social Impacts

- The presence of urban green spaces can encourage positive social interactions that cultivate social cohesion in ways that enhance health.

# Social Impacts

- Green space interventions have been used to improve environmental conditions, increase social interaction and exchange, and provide healthy urban conditions for good physical and mental well-being.



# Equity Impacts

- Green spaces have a lot of advantages that everyone benefits from. These spaces are proven to improve your mental health since the use of green spaces provides peacefulness to citizens, helps reduce stress and encourages healthy activities.





# Equity Impacts

- Most urban green spaces in Athens are useful to all groups of people but there are some parts of them that are of limited use to some people.
- For example, playgrounds inside of green spaces usually only allow children under the age of 12. So aside from small inconveniences there aren't any disadvantages that are serious enough to be discussed.



# Our School (2nd Gymnasium of Kaisariani)

- Our school is the 2nd Junior High School of Kaissariani.
- It is conveniently located next to a large park (Skopectirio) and is full of welcoming and kind hearted people.





Thank you for your time!

